

## CDI Quick Tip

### Shock

Pathophysiologic state of generalized inadequate tissue perfusion causing cellular hypoxia usually associated with profound, refractory hypotension.

When possible, please specify Cardiogenic Shock, Septic Shock, Hypovolemic Shock, and Hemorrhagic Shock.

- Diagnostic Criteria:
  - Hypotension refractory to effective fluid resuscitation (40 ml/kg over one hour)
  - **SBP < 90, or**
  - **MAP < 70, or**
  - **decrease from baseline SBP  $\geq$  40 mmHg or more**
- **Lactate level > 4 mmol/L** is equivalent to shock without BP parameters